### PLANNING FOR THE END OF LIFE

# Faithful stewards of your good gifts.



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"The minister of the congregation is directed to instruct the people, from time to time, about the duty of Christian parents to make prudent provision for the well-being of their families, and of all persons to make wills, while they are in health, arranging for the disposal of their temporal goods, not neglecting, if they are able, to leave bequests for religious and charitable uses."

—The Book of Common Prayer, Page 445



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# "Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God."

—Hebrews 13:16

#### **PRIVACY NOTICE**

The Episcopal Church Foundation is committed to full legal compliance with respect to protecting the privacy of the information that you have entrusted to us.

We collect nonpublic personal, financial and statistical information about you from the following sources:

- Application or other forms you complete and give to us
- Transactions you make with us, our agents and sub-agents
- Consumer reporting agencies

We do not disclose any nonpublic, personal, financial information about you to anyone, except as required by law.

We restrict access to nonpublic, personal, financial information about you to those employees who need to know that information in order to provide products or services to you. We maintain physical, electronic and procedural safeguards that comply with federal and state regulations to guard your nonpublic personal information.

# **GENERAL** INFORMATION

### INTRODUCTION

o you haven't made a will? Join the crowd! In any given year, over 50% of Americans have not yet written one. Nevertheless, you **do** have a will: the state wrote it for you years ago, but you may not like what it says or how it divides your possessions!

Writing a will is essential if you want to control what happens to your family and your possessions after death. Appointing trustees and executors, naming guardians for young children and dependents, and deciding how you would like your worldly goods distributed will give you peace of mind and relieve your loved ones of the burden of those decisions.

In the Episcopal Church we believe that your estate and end of life plans should reflect your values. That is why we suggest you consider the following three sections in the order we present them.

- "The Medical Directive" reviews the use of a Healthcare Proxy and gives instructions for how you would like to be treated if you are incapacitated.
- "Planning Your Funeral." We suggest you design your funeral alongside writing your will. The funeral can then be a reflection of your life, a message to loved ones about your values and what was important to you.
- "Writing Your Will." Once you have expressed your values through writing your funeral service, then write or amend your will and other estate plans so that they reflect those values.

Possessions—and how we use them—have a way of defining who we are. We hope this material will help you make important decisions to guide your friends and loved ones so they will know who you were and what was important to you.

# INFORMATION COLLECTION FOR ENTRY

### The information collected in this booklet was entered by:

Name (please print)		
Street Address, PO Box, and/or Apartment #		
City	State	Zip Code
Signature	Date	
Witness:		
Name		
Street Address, PO Box, and/or Apartment #		
City	State	Zip Code
Signature	Date	

This brochure is purely informational. The Episcopal Church Foundation is not engaged in offering legal or medical advice. As laws vary from state to state we urge you to consult your own financial planner, attorney and/or healthcare provider for those issues specific to your situation.

# A MEDICAL DIRECTIVE

Following is a general form of medical directive reprinted with the permission of the American Medical Association? Please note that many states have enacted legislation on advanced care directives. Please consult your attorney, healthcare provider, or state attorney general regarding requirements for healthcare directives and the use of specific forms for recording different information for your state from what is suggested below. —Episcopal Church Foundation

#### INTRODUCTION

As part of a person's right to self-determination, every adult may accept or refuse any recommended medical treatment. This is relatively easy when people are well and can speak. Unfortunately, during serious illness they are often unconscious or otherwise unable to communicate their wishes—at the very time when many critical decisions need to be made.

The Medical Directive allows you to record your wishes regarding various types of medical treatments in several representative situations so that your desires can be respected. It also lets you appoint a proxy, someone to make medical decisions in your place if you should become unable to make them on your own.

The Medical Directive comes into effect only if you become incompetent (unable to make decisions and too sick to make your wishes known). You can change it at any time until then. While you are fully competent, you should discuss your care directly with your physician.

#### COMPLETING THE FORM

You should, if possible, complete the form in the context of a discussion with your physician. Ideally, this should occur in the presence of your proxy. This lets your physician and your proxy know how you think about these decisions, and it provides you and your physician with the opportunity to give or clarify relevant personal or medical information. You may also wish to discuss the issues with your family, friends, or religious mentor.

The Medical Directive contains six illness situations that include incompetence. For each one, you consider possible interventions and goals of medical care. Situation A is permanent coma; B is near death; C is with weeks to live in and out of consciousness; D is extreme dementia; E is a situation you describe; and F is temporary inability to make decisions.

For each scenario you identify your general goals for care and specific intervention choices. The interventions are divided into six groups: 1) cardiopulmonary resuscitation or major surgery; 2) mechanical breathing or dialysis; 3) blood transfusions or blood products; 4) artificial nutrition and hydration; 5) simple diagnostic tests or antibiotics; and 6) pain medications, even if they dull consciousness and indirectly shorten life. Most of these treatments are described briefly. If you have further questions, consult your physician.

\*Copyright © 1995 by Linda L. Emmanuel and Ezekiel J. Emmanuel. An earlier version of this form was originally published as part of an article by Linda L. Emmanuel and Ezekiel J. Emmanuel, "The Medical Directive: A New Comprehensive Advance Care Document," JAMA (1989), 261:3288843248. It does not reflect the official policy of the American Medical Association.

Your wishes for treatment options (I want this treatment; I want this treatment tried, but stopped if there is no clear improvement; I am undecided; I do not want this treatment) should be indicated. If you choose a trial of treatment, you should understand that this indicates you want the treatment withdrawn if your physician and proxy believe that it has become futile.

The Personal Statement section allows you to explain your choices and say anything you wish to those who may make decisions for you concerning the limits of your life and the goals of intervention. For example, in situation B, if you wish to dfine "uncertain chance" with numerical probability, you may do so here.

Next you may express your preferences concerning organ donation. Do you wish to donate your body or some or all of your organs after your death? If so, for what purpose(s) and to which physician or institution? If not, this should also be indicated in the appropriate box.

In the final section you may designate one or more proxies who would be asked to make choices under circumstances in which your wishes are unclear. You can indicate whether or not the decisions of the proxy should override your wishes if there are differences. And, should you name more than one proxy, you can state who is to have the final say if there is disagreement. Your proxy must understand that this role usually involves making judgments that you would have made for yourself had you been able—and making them by the criteria you have outlined. Proxy decisions should ideally be made in discussion with your family, friends and physician.

### WHAT TO DO WITH THE FORM

Once you have completed the form, you and two adult witnesses (other than your proxy) who have no interest in your estate need to sign and date it.

Many states have legislation covering documents of this sort. To determine the laws in your state, you should call the state attorney general's office or consult a lawyer. If your state has a statutory document, you many wish to use the Medical Directive and append it to this form.

You should give a copy of the completed document to your physician. His or her signature is desirable but not mandatory. The directive should be placed in your medical records and flagged so that anyone who might be involved in your care can be aware of its presence. Your proxy, a family member, and/or a friend should also have a copy. In addition, you may want to carry a wallet card noting that you have such a document and where it can be found.

# My Medical Directive

This Medical Directive shall stand as a guide to my wishes regarding medical treatments in the event that illness should make me unable to communicate them directly. I make this directive, being 18 years or more of age, of sound mind, and appreciating the consequences of my decisions.

Name (please print)			
Street Address, PO Box, and/or Apartment #			
City	State	Zip Code	
Signature	Date		
Witness:			
Name (please print)			
Street Address, PO Box, and/or Apartment #			
City	State	Zip Code	
Signature	Date		
Name (please print)			
Street Address, PO Box, and/or Apartment #			
City	State	Zip Code	
Signature	Date		

### MEDICAL DIRECTIVE

- The Medical Directive comes into effect only if you become incompetent.
- You should, if possible, complete the form in the context of a discussion with your physician.
- You may also wish to discuss the issues with your family, friends or religious mentor.
- You can change your Medical Directive as long as you are competent.

### Situation A

If I am in a coma or persistent vegetative state and, in the opinion of my physician and two consultants, have no known hope of regaining awareness and higher mental functions no matter what is done, then my goals and specific wishes—if medically reasonable—for this and any additional illness would be:

- prolong life; treat everything
- □ attempt to cure, but reevaluate often
- □ limit to less invasive and less burdensome interventions
- $\Box$  provide comfort care only
- $\Box$  other (please specify):

	1		
 want	l want treatment tried. If no clear improvement, please stop.	l am undecided	l do not want

Please check appropriate boxes:

**1. Cardiopulmonary resuscitation** (chest compressions, drugs, electric shocks, and artificial breathing aimed at reviving a person who is on the point of dying).

**2. Major surgery** (for example, removing the gall-bladder or part of the colon).

**3. Mechanical breathing** (respiration by machine, through tube in the throat).

**4. Dialysis** (cleaning the blood by machine or by fluid passed through the belly).

5. Blood transfusions or blood products.

**6.** Artificial nutrition and hydration (given through a tube in a vein or in the stomach).

7. Simple diagnostic tests (for example, blood tests or x-rays).

8. Antibiotics (drugs used to fight infection).

9. Pain medications, even if they dull consciousness and indirectly shorten my life.

### Situation B

If I am near death and in a coma and, in the opinion of my physician and two consultants, have a small but uncertain chance of regaining higher mental functions, a somewhat greater chance of surviving with permanent mental and physical disability, and a much greater chance of not recovering at all, then my goals and specific wishes—if medically reasonable for this and any additional illness would be:

- prolong life; treat everything
- $\square$  attempt to cure, but reevaluate often
- □ limit to less invasive and less burdensome interventions
- □ provide comfort care only
- 🗆 other (please specify): \_\_\_\_\_

### Situation C

If I have a terminal illness with weeks to live, and my mind is not working well enough to make decisions for myself, but I am sometimes awake and seem to have feelings, then my goals and specific wishes—if medically reasonable—for this and any additional illness would be (*In this state, prior wishes need to be balanced with best guess about your current feelings. The proxy and physician have to make this judgment for you*):

- prolong life; treat everything
- $\hfill\square$  attempt to cure, but reevaluate often
- □ limit to less invasive and less burdensome interventions
- □ provide comfort care only
- $\Box$  other (please specify):

	l want	l want treatment tried. If no clear improvement, please stop.	l am undecided	l do not want		l want	l want treatment tried. If no clear improvement, please stop.	l am undecided	l do not want
1.					1.				
2.					2.				
3.					3.				
4.					4.				
5.					5.				
6.					6.				
7.					7.				
8.					8.				
9.					9.				

### MEDICAL DIRECTIVE

- The Medical Directive comes into effect only if you become incompetent.
- You should, if possible, complete the form in the context of a discussion with your physician.
- You may also wish to discuss the issues with your family, friends or religious mentor.
- You can change your Medical Directive as long as you are competent.

### Situation D

If I have brain damage or some brain disease that in the opinion of my physician and two consultants cannot be reversed and that makes me unable to think or have feelings, but I have no terminal illness, then my goals and specific wishes—if medically reasonable—for this and any additional illness would be:

- □ prolong life; treat everything
- $\square$  attempt to cure, but reevaluate often
- □ limit to less invasive and less burdensome interventions
- $\Box$  provide comfort care only
- □ other (please specify):

l want	l want treatment tried. If no clear improvement, please stop.	l am undecided	l do not want

### Please check appropriate boxes:

**1. Cardiopulmonary resuscitation** (chest compressions, drugs, electric shocks, and artificial breathing aimed at reviving a person who is on the point of dying).

**2. Major surgery** (for example, removing the gall-bladder or part of the colon).

**3. Mechanical breathing** (respiration by machine, through tube in the throat).

**4. Dialysis** (cleaning the blood by machine or by fluid passed through the belly).

5. Blood transfusions or blood products.

**6.** Artificial nutrition and hydration (given through a tube in a vein or in the stomach).

7. Simple diagnostic tests (for example, blood tests or x-rays).

8. Antibiotics (drugs used to fight infection).

9. Pain medications, even if they dull consciousness and indirectly shorten my life.

### Situation E

#### lf I...

(describe a situation that is important to you and/or your doctor believes you should consider in view of your current medical situation):

- □ prolong life; treat everything
- □ attempt to cure, but reevaluate often
- □ limit to less invasive and less burdensome interventions
- □ provide comfort care only
- 🗆 other (please specify): \_\_

### Situation F

If I am in my current state of health (describe briefly):

and then have an illness that, in the opinion of my physician and two consultants, is life threatening but reversible, and I am temporarily unable to make decisions, then my goals and specific wishes—if medically reasonable—would be:

- prolong life; treat everything
- $\square$  attempt to cure, but reevaluate often
- limit to less invasive and less burdensome interventions
- $\square$  provide comfort care only
- $\Box$  other (please specify):

	l want	l want treatment tried. If no clear improvement, please stop.	l am undecided	l do not want		l want	l want treatment tried. If no clear improvement, please stop.	l am undecided	l do not want
1.					1.				
2.					2.				
3.					3.				
4.					4.				
5.					5.				
6.					6.				
7.					7.				
8.					8.				
9.					9.				

### My PERSONAL STATEMENT (use next page if necessary)

Please mention anything that would be important for your physician and your proxy to know. In particular, try to answer the following questions: 1) What medical conditions, if any, would make living so unpleasant that you would want life-sustaining treatment withheld? (Intractable pain? Irreversible mental damage? Inability to share love? Dependence on others? Another condition you would regard as intolerable?) 2) Under what medical circumstances would you want to stop interventions that might already have been started? 3) Why do you choose what you choose?



If there is any difference between my preferences detailed in the illness situations and those understood from my goals or from my personal statement, I wish my treatment selections / my goals / my personal statement (please delete as appropriate) to be given greater weight.

When I am dying, I would like—if my proxy and my healthcare team think it is reasonable to be cared for:

 $\square$  at home or in a hospice

 $\hfill\square$  in a nursing home

 $\Box$  in a hospital

### ORGAN DONATION\*

### □ I hereby make this anatomical gift, to take effect after my death:

#### I give □ my body

- $\Box$  any needed organs or parts
- $\hfill\square$  the following parts

to  $\Box$  the following person or institution

- $\Box$  the physician in attendance at my death
- $\Box$  the hospital in which I die
- □ the following physician, hospital storage bank, or other medical institution:

### for $\Box$ any purpose authorized by law

- $\Box$  therapy of another person
- □ medical education
- $\Box$  transplantation
- research

□ I do not wish to make any anatomical gift from my body.

\*Please check if your State requires an alternative form or process for confirming organ donations.

### HEALTHCARE PROXY\*

I appoint as my proxy and decision-maker(s):

Name and Address (please print)

### and/or alternatively (optional)

Name and Address (please print)

I direct my proxy to make healthcare decisions based on his/her assessment of my personal wishes. If my personal desires are unknown, my proxy is to make healthcare decisions based on his/her best guess as to my wishes. My proxy shall have the authority to make all healthcare decisions for me, including decisions about life-sustaining treatment, if I am unable to make them myself. My proxy's authority becomes effective if my attending physician determines in writing that I lack the capacity to make or to communicate healthcare decisions. My proxy is then to have the same authority to make healthcare decisions as I would if I had the capacity to make them, EXCEPT (*list the limitations, if any, you wish to place on your proxy's authority*).

I wish my written preference to be applied exactly as possible/with flexibility according to my proxy's judgment. (*Delete as appropriate*)

Should there be any disagreement between the wishes I have indicated in this document and the decisions favored by my above-named proxy, I wish my proxy to have authority over my written statements/I wish my written statements to bind my proxy. (*Delete as appropriate*)

Signed:		
orgined.	Signature	Printed Name
	Address	Date
Witness:		
	Signature	Printed Name
	Address	Date
Witness:		
	Signature	Printed Name
	Address	Date
Physician:	(optional):	
l am		's physician. I have seen this advance care document a
	opportunity to discuss his	her preferences regarding medical intervention at the end of lif
If		becomes incompetent, I understand that it is my duty
interpret and	d implement the preferenc	s contained in this document in order to fulfill his/her wishes.
Signed:		
olgilea.	Signature	Printed Name
	Address	Date

\* Please check if your State requires an alternative form or process for appointing healthcare proxy.

## PLANNING YOUR FUNERAL SERVICE

### A WAY TO EXPRESS YOUR VALUES

"I am the resurrection and the life, he that believeth in me, though he were dead, yet shall he live; and whosoever liveth and believeth in me shall not die."

—John 11:25

The Christian faith calls us to witness, even in death, the new life that God gives in Christ through his death and resurrection.

We have prepared this booklet to help you and your family prepare in advance. It will enable your family and the parish clergy to understand your wishes and preferences. The clergy will help plan the service and will stand ready to assist in any way.

Christian burial is marked by three characteristics. First and foremost, it is an act of worship wherein we glorify God for the gift of eternal life in Jesus Christ, our Lord. Second, it is a time when members of the Body of Christ gather to comfort one another and to offer mutual assurance of God's abiding love. Third, it is a liturgy of celebration whereby we give thanks for a deceased loved one and commend that person to the care of Almighty God. The earliest records of Christian burial tell us that the following elements were included:

- Prayer in the home before the burial
- A gathering of the community for a burial service, consisting of thanksgivings, psalms, hymns, readings from Scripture, and prayers for the departed and those who mourn
- Celebration of the Holy Eucharist
- A procession of lights and torches to the place of burial
- The interment of the remains

As part of preparation for Christian burial, it is suggested that you talk with your clergy. It is also of great benefit to read about the service in The Book of Common Prayer (BCP, 468–507). The rubrics on these pages are of particular interest. It is also recommended that people familiarize themselves with prayers for "Ministration at the Time of Death" (BCP, 462–467).

# My Funeral Instructions

### Final directions and instructions upon the death of

Full Name (please print)				Date	
				gested that you file this v leted for their informatio	
Full Name (please p	rint)		Spouse's Full Nam	e	
Street Address, PO Box, and/or Apartment #		Street Address, PO Box, and/or Apartment #			
City	State	Zip Code	City	State	Zip Code
Date of Birth			Date of Birth		
Place of Birth			Place of Birth		
Date of Baptism			Date of Baptism		
Father's Full Name (	please print)				
Date/Place of Birth			Living [	Yes 🗆 No	
Mother's Full Name	(please print)				
Date/Place of Birth			Living	Yes 🗆 No	

Occupation			
Employer			
 Social Security Number			
Date of last executed will		_	
Location of will			
Executor's name and addr	ress		
Names, addresse	s, and telephone numbers of living broth	ners and sisters:	
Full Name	Street Address, PO Box, and/or Apartment #	City/State/Zip Code	Phone Number
Names, addresse Attach additional pages if	s, and telephone numbers of persons to necessary.	notify upon my d	eath:
Full Name	Street Address, PO Box, and/or Apartment #	City/State/Zip Code	Phone Number

# My Burial Instructions

Please fill out this form and return it to the parish secretary in the church office.

Full Name (please print)	
(Street Address, PO Box, and/or Apartment #)	(City/State/Zip Code)
	s are normally buried from the church. The Prayer Bool a memorial service without the body may be held. The , which the church will provide.
I request that my service be conducted	d at Name, City and State of Church
or at	
The rector or clergy of said congregation	on shall be in charge of the services.
* *	* * *

2. The Burial of the Dead (the funeral service) is a series of psalms, lessons, and prayers.

Holy Communion with special propers (i.e., Collect, Epistle, and Gospel) may be included.

I request (check one):

 $\hfill\square$  The Burial of the Dead with Holy Communion (body or urn present)

- □ Rite I (BCP, page 469) □ Rite I (BCP, page 323)
- □ Rite II (BCP, page 491) □ Rite II (BCP, page 355)
- $\Box$  The Burial of the Dead (body or urn present)

□ Rite I (BCP, page 469)

□ Rite II (BCP, page 491)

□ A Memorial Service (body or urn not present)

3. Other arrangements as follows (Contact parish administrator):

Attar flowers         Musicians         Ushers         Pall bearer         Speakers (if desired)         # * * * *         I request that the following Scriptures be read:         Old Testament (choose one)         I Isaiah 25:6-9 (He will swallow up death in victory)         I Isaiah 25:6-9 (He will swallow up death in victory)         I Isaiah 12:1-3 (To comfort all that mourn)         Lamentations 3:22-26, 31-33 (The Lord is good unto them that wait for him)         Wisdom 3:1-5, 9 (The souls of the righteous are in the hand of God)         J ob 19:21-27a (I know that my Redeemer liveth)         Psalms       42         Pall the souls of the righteous are in the hand of God)         J ob 19:21-27a (I know that my Redeemer liveth)         Psalms       42         Q = 0       121       130         New Testament (choose one)       Romans 8:14-19, 34-35, 37-39 (The glory that shall be revealed)         I Corinthians 15:20-26, 35-38, 42-44, 53-58 (Raised in incorruption)       2         2 Corinthians 4:16-5:9 (Things which are not seen are eternal)       1         J John 3:1-2 (We shall be like him)       Revelation 7:9-17 (God shall wipe away all tears)         Revelation 7:2-7 (Behold, I make all things new)       Height and the seen one)	
Ushers Pall bearer Speakers (if desired)	Altar flowers
Pall bearer         Speakers (if desired)         * * * * *         I request that the following Scriptures be read:         Old Testament (choose one)         Isaiah 25:6-9 (He will swallow up death in victory)         Isaiah 31:1-3 (To comfort all that mourn)         Lamentations 3:22-26, 31-33 (The Lord is good unto them that wait for him)         Wisdom 3:1-5, 9 (The souls of the righteous are in the hand of God)         Job 19:21-27a (I know that my Redeemer liveth)         Psalms       42       46       90       121       130       139         New Testament (choose one)       Romans 8:14-19, 34-35, 37-39 (The glory that shall be revealed)       1 Corinthians 15:20-26, 35-38, 42-44, 53-58 (Raised in incorruption)       2 Corinthians 4:16-5:9 (Things which are not seen are eternal)       1 John 3:1-2 (We shall be like him)         Revelation 7:9-17 (God shall wipe away all tears)       Revelation 21:2-7 (Behold, I make all things new)	Musicians
Speakers (if desired)         * * * * *         I request that the following Scriptures be read:         Old Testament (choose one)         Isaiah 25:6-9 (He will swallow up death in victory)         Isaiah 61:1-3 (To comfort all that moun)         Lamentations 3:22-26, 31-33 (The Lord is good unto them that wait for him)         Wisdom 3:1-5, 9 (The souls of the righteous are in the hand of God)         Job 19:21-27a (I know that my Redeemer liveth)         Psalms       42       46       90       121       130       139         New Testament (choose one)       Romans 8:14-19, 34-35, 37-39 (The glory that shall be revealed)       1 Corinthians 15:20-26, 35-38, 42-44, 53-58 (Raised in incorruption)       2 Corinthians 4:16-5:9 (Things which are not seen are eternal)       1 John 3:1-2 (We shall be like him)         Revelation 7:9-17 (God shall wipe away all tears)       Revelation 21:2-7 (Behold, I make all things new)	Ushers
<pre>* * * * * I request that the following Scriptures be read: Old Testament (choose one)   saiah 25:6-9 (He will swallow up death in victory)   saiah 61:1-3 (To comfort all that mourn)   Lamentations 3:22-26, 31-33 (The Lord is good unto them that wait for him)   Job 19:21-27a (I know that my Redeemer liveth) Psalms 42 46 90 121 130 139 New Testament (choose one)   Corinthians 15:20-26, 35-38, 42-44, 53-58 (Raised in incorruption)   John 3:1-2 (We shall be like him)   Revelation 7:9-17 (God shall wipe away all tears)   Corintlations 1:2-7 (Behold, I make all things new)</pre>	Pall bearer
I request that the following Scriptures be read: Old Testament (choose one) Isaiah 25:6-9 (He will swallow up death in victory) Isaiah 61:1-3 (To comfort all that mourn) Lamentations 3:22-26, 31-33 (The Lord is good unto them that wait for him) Wisdom 3:1-5, 9 (The souls of the righteous are in the hand of God) Job 19:21-27a (I know that my Redeemer liveth) Psalms 42 46 90 121 130 139 New Testament (choose one) Romans 8:14-19, 34-35, 37-39 (The glory that shall be revealed) 1 Corinthians 15:20-26, 35-38, 42-44, 53-58 (Raised in incorruption) 2 Corinthians 4:16-5:9 (Things which are not seen are eternal) 1 John 3:1-2 (We shall be like him) Revelation 7:9-17 (God shall wipe away all tears) Revelation 21:2-7 (Behold, I make all things new)	Speakers (if desired)
Old Testament (choose one)          Isaiah 25:6-9 (He will swallow up death in victory)         Isaiah 61:1-3 (To comfort all that mourn)         Lamentations 3:22-26, 31-33 (The Lord is good unto them that wait for him)         Wisdom 3:1-5, 9 (The souls of the righteous are in the hand of God)         Job 19:21-27a (I know that my Redeemer liveth)         Psalms       42         Psalms       42         Isaiah 61:1-9, 34-35, 37-39 (The glory that shall be revealed)         I Corinthians 15:20-26, 35-38, 42-44, 53-58 (Raised in incorruption)         2 Corinthians 4:16-5:9 (Things which are not seen are eternal)         I John 3:1-2 (We shall be like him)         Revelation 7:9-17 (God shall wipe away all tears)         Revelation 21:2-7 (Behold, I make all things new)	* * * *
<ul> <li>Isaiah 25:6-9 (He will swallow up death in victory)</li> <li>Isaiah 61:1-3 (To comfort all that mourn)</li> <li>Lamentations 3:22-26, 31-33 (The Lord is good unto them that wait for him)</li> <li>Wisdom 3:1-5, 9 (The souls of the righteous are in the hand of God)</li> <li>Job 19:21-27a (I know that my Redeemer liveth)</li> <li>Psalms 42 46 90 121 130 139</li> <li>New Testament (choose one)</li> <li>Romans 8:14-19, 34-35, 37-39 (The glory that shall be revealed)</li> <li>1 Corinthians 15:20-26, 35-38, 42-44, 53-58 (Raised in incorruption)</li> <li>2 Corinthians 4:16-5:9 (Things which are not seen are eternal)</li> <li>1 John 3:1-2 (We shall be like him)</li> <li>Revelation 7:9-17 (God shall wipe away all tears)</li> <li>Revelation 21:2-7 (Behold, I make all things new)</li> </ul>	I request that the following Scriptures be read:
<ul> <li>Isaiah 61:1–3 (To comfort all that mourn)</li> <li>Lamentations 3:22–26, 31–33 (The Lord is good unto them that wait for him)</li> <li>Wisdom 3:1–5, 9 (The souls of the righteous are in the hand of God)</li> <li>Job 19:21–27a (I know that my Redeemer liveth)</li> <li>Psalms 42 46 90 121 130 139</li> <li>New Testament (choose one)</li> <li>Romans 8:14–19, 34–35, 37–39 (The glory that shall be revealed)</li> <li>1 Corinthians 15:20–26, 35–38, 42–44, 53–58 (Raised in incorruption)</li> <li>2 Corinthians 4:16–5:9 (Things which are not seen are eternal)</li> <li>1 John 3:1–2 (We shall be like him)</li> <li>Revelation 7:9–17 (God shall wipe away all tears)</li> <li>Revelation 21:2–7 (Behold, I make all things new)</li> </ul>	Old Testament (choose one)
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Psalms □ 23 □ 27 □ 106 □ 116	<ul> <li>1 Corinthians 15:20-26, 35-38, 42-44, 53-58 (Raised in incorruption)</li> <li>2 Corinthians 4:16-5:9 (Things which are not seen are eternal)</li> <li>1 John 3:1-2 (We shall be like him)</li> <li>Revelation 7:9-17 (God shall wipe away all tears)</li> <li>Revelation 21:2-7 (Behold, I make all things new)</li> </ul>

Gospel (must be included if Holy Communion is celebrated)

 $\Box$  John 5:24–27 (He that believeth hath everlasting life)

 $\Box$  John 6:37–40 (All that the Father giveth me shall come to me)

 $\Box$  John 10:11–16 (I am the good shepherd)

4.

 $\Box$  John 11:21–27 (I am the resurrection and the life)

□ John 14:1–6 (In my Father's house are many mansions)

5. I request that the following hymns be sung: \_\_\_\_

Music should be confident and strong, expressing the hope and faith that Christians affirm in the presence of death. The congregation should participate fully by praying, singing the hymns, and joining the responses. Easter hymns are especially appropriate. The Easter hymns are (#174–213) in the 1982 Hymnal. Also suggested are the hymns for Holy Communion (#300–347), the burial (#354–358), and #287, 376, 410, 556, 613-625, 637, 671, 680, and 688. Other hymns may also be appropriate from Lift Every Voice and Sing (LEVAS) and other sources which your priest may suggest.

\* \* \* \* \*

### 6. I prefer to be:

□ Buried: Location of cemetery plot deed, crypt deed, columbarium contract

$\sim$ $\cdots$	• • • • •	
( ottin	coocitications	
COIIIII	specifications:	

Least expensive	🗆 Mid-range	🗆 Elaborate
-----------------	-------------	-------------

□ Cremated:

□ Before Funeral □ After Funeral

Ashes may be placed in \_\_\_\_\_\_. (These niches may be

purchased in advance.) Please contact the parish administrator.

- Donate entire body or certain organs (See Organ Donation Form on page 13):
  - □ Arrangements have been made
  - □ Please make appropriate arrangements

Comments \_\_\_\_\_

Place of interment

Full address

□ I wish to have my coffin open at the funeral home. □ I do not wish to have my coffin open at the funeral home.

In lieu of flowers, I request that donations be made in my name to:

or for [SPECIFY]: or to: Name of Institution or Charity Full Address Please return to the Parish Administrator: Name of church Address Telephone \* \* \* \* \* 8. Other information for my survivors: Signature\_ Date

Be sure to keep a copy of your completed form for your own records.

## PREPARING TO WRITE YOUR WILL\*

### AN ESTATE PLAN THAT REFLECTS YOUR VALUES

Writing a will is a loving and responsible act for the sake of your family. Here are a few helpful suggestions on how to prepare to write your will.

#### BEFORE SEEING AN ATTORNEY...

- Make a list of everyone for whom you are responsible.
- List everyone that you would like to remember in your will/estate plans.
- List all of your material assets.
- After subtracting your debts, match the names with the assets or consider giving a portion of your total estate to each individual. Take care of your family first. This is also the time to consider special friends and your church or other charities.
- Consider establishing a trust if your estate is large enough. (See our Charitable Remainder Trusts booklet.)
- Ask your chosen estate administrator (sometimes called executor/executrix) if he or she is willing to serve.
- Consult with the people you select as guardians of your children (where minors and other dependents are involved).
- Talk with your priest to explore the ministries of the church that could best be funded with a gift from your will/estate.

### BEQUESTS IN YOUR WILL CAN TAKE SEVERAL FORMS...

- An outright monetary bequest.
- A percentage of an estate.
- A specific asset, such as personal or real property.
- A testamentary trust created in a will.
- A contingent beneficiary, i.e., the church receives the assets if there are no surviving beneficiaries.

Note: A bequest to the church is deductible from the value of your estate for tax purposes.

#### AFTER MAKING YOUR WILL...

- Make sure someone knows where your will is located.
- Do not place funeral instructions in a safedeposit box. Generally, services will be over by the time your administrator checks your bank box. Instead, leave a copy of your funeral plans and wishes with your priest and a member of your family.
- Review your will from time to time with your legal advisor. Laws, assets, and personal interests often change over time.

\* Many people will choose to create a trust in place of or in addition to their will. The guidelines in this booklet will also assist in that planning.

# INCLUDING A CHRISTIAN PREAMBLE

A Christian preamble to your will provides a significant opportunity to share your faith with family and friends. Through this personal statement of your faith, an important message will be delivered to those who love and know you best. This message of faith comes at a time of grief and loss and serves as a reminder to them to place their trust in Jesus Christ as you have. Remember, this may be the last document they read about you, their loved one.

As you, together with your attorney, prepare your will/estate plan, give prayerful consideration to adding a Christian preamble such as:

		-1
of the City of		_,

County of\_\_\_\_\_, and

State of \_\_\_\_\_, being

of sound mind and memory and being under no restraint, do make, declare and publish this my last will and testament, hereby revoking all wills and codicils heretofore made by me. In thanksgiving to God for the gifts of life given in baptism, and for the many blessings God has showered upon me; and in thanksgiving to God for the gifts of faith and hope through Jesus Christ; and in thanksgiving to God for the gifts of nurture and love through the Church where we have shared faith and fellowship; I now commend my loved ones to grow in this same faith, being true to their own baptisms, knowing that God will continue to provide for them in their lifetimes; I encourage them to place their faith and trust in our Lord and Savior.

[The particulars of the will would follow, leaving gifts to family and friends, but also an articulation of the gifts you might leave to the various ministries of the Church].

For assistance with wills/estate planning/ planned giving seminars, contact:

> Episcopal Church Foundation 475 Riverside Drive, Suite 750 New York, NY 10115 800-697-2858 giving@ecf.org

### SAMPLE FORMS OF BEQUEST

### Specific Amount:

I, \_\_\_\_\_\_, hereby give, devise, and bequeath to the Rector, Wardens, and Vestry of Your Episcopal Church, 123 Main Street, Anywhere, MyState, 00000, the sum of \$XX,XXX to be used at their discretion to assist in the ministries of the Church.

\* \* \* \* \*

Percentage Amount:

I, \_\_\_\_\_\_, hereby give, devise, and bequeath to the Rector, Wardens, and Vestry of Your Episcopal Church, 123 Main Street, Anywhere, MyState, 00000, XX% of the rest, residue, and remainder of my estate, to be used at their discretion to assist in the ministries of the Church.

\* \* \* \* \*

Contingency Bequest:

In the event the beneficiaries of bequests and devises herein predecease me, or, in the case of institutions, cease to be organizations described in section 501(c)(3) of the Internal Revenue Code, I, \_\_\_\_\_\_, hereby give, devise, and bequeath to the Rector, Wardens, and Vestry of Your Episcopal Church, 123 Main Street, Anywhere, MyState, the rest, residue and remainder of my estate, to be used at their discretion to assist in the ministries of the Church.

# INFORMATION NEEDED FOR MAKING A WILL

### 1. Full Legal Name:

	Name	Date of Birth		Social Security Number	
	Street Address, PO Box, and/or Apartment #	County		County	
	City State	Zip Code		Email Address	
	Armed Forces Date of Service	Discharge Certifi	cate Locati	on	
	Serial Number				
	Marital Status: 🗆 Single 🗆 Married 🗆 Partner	r/Civil Union 🛛 Di	ivorced		
	🗆 Remarried 🛛 Separated 🔲	Widowed			
2.	Do you have a will? 🗆 Yes 🗆 No (If	no, go to Family In	formation	)	
3.	Since making your last will, have you Moved to another state? Sold or bought property? Celebrated the birth of a child or grandchild? Changed your marital status? Changed your mind about your personal represe Changed your mind about the guardian for your Done family financial and charitable gift planning	ntative (executor)? child?	<ul> <li>Yes</li> <li>Yes</li> <li>Yes</li> <li>Yes</li> <li>Yes</li> <li>Yes</li> <li>Yes</li> <li>Yes</li> </ul>	<ul> <li>No</li> </ul>	
	If the answer is yes to any of the above, your Will then consult with your attorney.	l may need to be u	pdated. C	Complete the following question	۱S,
F	amily Information				
1.	Legal Name of Spouse:				
	Name	Date of Birth		Social Security Number	
	Street Address, PO Box, and/or Apartment #			County	

City

State

Zip Code

Email Address

Full Name	Street Address, PO Box, and/or Apartment #	City/State/Zip	Code E	ate of
Other Depende	ents:			
Other Loved C	nes:			
Person(s) to be	the Guardian(s) of My Child(ren):			
Name			Telephone	
Street Address, PO Bo>	s, and/or Apartment #			
City		State	Zip Code	
Name			Telephone	
Street Address, PO Bo>	, and/or Apartment #			

2. Children (List your children, including those legally adopted):

6. Executor (Person(s) to be the personal representative of my estate):

	Telephone
State	Zip Code
	Telephone
State	Zip Code

8. Beneficiary Information (Persons, Parish/Mission, or charitable associations you wish to thank for being part of your life):

Name			
Name			
Name			

Residual Beneficiary (The final or residual beneficiary receives what is left over after all other bequests have been paid according to your will. Please consider naming your Parish/Mission or another Episcopal entity as a residual beneficiary.)

### FINANCIAL INFORMATION

#### 

	Description and Location	Original Cost Present	warket value	Amount of Mortgage	If co-owned, list name
1.					
2					
2.					
3.					
4.					

### 3. Notes and Mortgages :

	Name of Debtor	Description	Amount	Interest Rate	Rate of Payment
1					
2					
3					
4					

### 4. Leases:

1		
2	 	 
3	 	 

### 5. Bank Accounts/Retirement Accounts (IRA, etc.)/Other Income-Producing Accounts:

	Name of Institution	Туре	Account Number	Beneficiary Designated
1				
2.				
3.				
4				
••				

### 6. Stocks:

	Corporation	# of Shares	Original Cost	Est. Current Market Value
1				
2				
4				
5				

### 7. Insurance Policies:

	Company	Policy #	Face Value	Cash Value
1				
2				
3				
4				
5				

### 8. Other Assets:

	Description	Location	Cost	Present Value
1				
2				
3				
4				
5				

### 9. Charitable Gift Accounts:

	Description (CRT, DAF)	Sponsoring Charity (ECF or other)	Date Created
1			
2.			

### Notes:

### PLANNING FOR THE FUTURE

### 1. Monthly Expenses:

Mortgage/Rental		\$
Insurance		\$
Utilities		\$
Taxes		\$
House expenses and repairs		\$
Auto expenses		\$
Clothing and personal care		\$
Education		\$
Pledge and charitable gifts		\$
Birthdays/Holidays/Allowances		\$
Medical and Dental		\$
Vacation and Recreation		\$
Other		\$
	Total	\$

### 2. Projected Retirement Income:

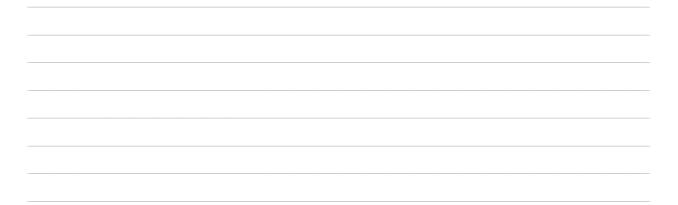
	Estimated	Continues to spouse
	Amount	Yes No Half
Social Security	\$	
Pension Plans	\$	
Retirement Accounts (IRA, 401K, etc.)	\$	
Stock Dividends	\$	
Life Income Gifts (CGA, PIF, CRT)	\$	
Mortgages	\$	
Royalties	\$	
Other (describe below)	\$	

Total \$\_\_\_\_\_

### 3. Advisors:

	Name	Full Address
Accountant		
Attorney		
Banker		
Banker		
Broker		
Insurance Ager	it	
Priest		
Trust Officer		

### Notes:



#### RESOURCES AVAILABLE

#### BROCHURES

- Planned Giving (overview)
- Charitable Gift Annuity
- Charitable Remainder Trust
- Pooled Income Fund
- Writing Your Will
- Donor-Advised Fund

#### BOOKLETS

- Planned Giving (overview)
- Charitable Gift Annuity
- Charitable Remainder Trust
- Pooled Income Fund
- Planning for the End of Life
- Donor-Advised Fund



475 Riverside Drive, Suite 750 New York, NY 10115 800-697-2858 www.ecf.org